

## ESSO Annuitant Hiking Club

Trail name(s):	The Saddleback, Saddle Mountain, Fairview Mountain, Lake Annette, Tramline
Hike Date:	July 25, 2013
Trail Planner:	Rick and Angela Wards
References:	Gem Trek Lake Louise – Yoho 1:5000; <a href="http://www.pc.gc.ca/eng/pn-np/ab/banff/activ/randonee-hiking/lakelouise.aspx">http://www.pc.gc.ca/eng/pn-np/ab/banff/activ/randonee-hiking/lakelouise.aspx</a>
Trail Access:	A1/A2/B1- Lake Louise canoe rental: Paradise Valley Trailhead; B2 - Moraine Lake Road on right-hand side 2.5k from junction with Lake Louise road: Cs - Lake Louise parking lot
Washrooms:	Lake Louise Parking Lot Washrooms

Hike Summary	A1	A2	B1	B2	C1/2
Total Distance (km.)	14.8	14.8	11.4	8.4	5.5+
Elevation Gain* (m)	1014	704	600	245	-200
(Equiv. Flat Distance (km.))	24.9+	21.8	17.4	10.85	5.5+
Difficulty Rating	Difficult	Difficult	Moderate	Moderate	Easy

\* Actual elevation gain from start to highest point unless otherwise noted.

Group	Km.	Elev	Fairview Mountain — Route Description
<b>A1</b>	0	1730	From Lake Louise canoe rental, head 300m up the forested slope of Fairview Mtn.
			Jct. of Saddleback Trail & Fairview Lookout trail – keep left and stay on Saddleback Trail.
	3.7	2330	Jct. of Saddleback Trail, Fairview Mtn. Trail & Sheol Valley Trail – turn right & head up Fairview Mountain. Don't head up steep talus slope – continue into Pass, & then go right (NW). From upper larch fringe, trail switchbacks steeply up to Fairview
	5.2	2744	Summit of Fairview Mtn. – have lunch & enjoy the view – after lunch head back down to the Jct of Saddleback Trail and turn right onto the Sheol Valley Trail.
	10.6	2060	Jct. of Sheol Valley & Paradise Valley Trails – turn left & follow the Paradise Valley Trail out to Moraine Lake Road, turn left.
	14.8	1720	Moraine Lake Road at Paradise Valley Trailhead & parking lot
option			As the total equivalent distance of the above route via the Sheol Valley trail may take longer than the time available, A1's may consider returning to the Lake Louise parking lot instead of taking the Sheol Valley Trail. A1's may also wish to consider the same route as the A2's.

Group	Km.	Elev	Saddleback Mountain/ Sheol Valley — Route Description
<b>A2</b>	0	1730	From Lake Louise canoe rental, head 300m up the forested slope of Fairview Mtn.
			Jct. of Saddleback Trail & Fairview Lookout trail – keep left and stay on Saddleback Trail.
	3.7	2330	Jct. of Saddleback Trail, Fairview Mtn. Trail & Sheol Valley Trail. The normal and easiest route to the summit of Saddle Mountain is to follow the ridge leading off in an easterly direction on indistinct trail. Stay on ridge to avoid boulder field. Return down by same route.
	4.5	24-34	Summit of Saddle Mountain. – have lunch & enjoy the view but take care as there is a very steep drop off on the east side of the mountain. After lunch head back down to Jct of Saddleback Trail and turn left onto the Sheol Valley Trail.
	5.3	2330	Sheol Valley Trail (1 hr 50 min to Paradise Valley Trailhead)
	9.4	2060	Jct. of Sheol Valley & Paradise Valley Trails – turn left & follow the Paradise Valley Trail out to Moraine Lake Road, turn left.

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	13.0	1720	Moraine Lake Road at Paradise Valley Trailhead & parking lot
option			If there is insufficient time to get to Paradise Valley Trailhead by 3:15 p.m. A1's may also consider returning to the Lake Louise parking lot instead of taking the Sheol Valley Trail.

Group	Km.	Elev	<b>Saddleback/Sheol Valley</b> — Route Description
<b>B1</b>	0	1730	From Lake Louise canoe rental, head 300m up the forested slope of Fairview Mtn.
			Jct. of Saddleback Trail & Fairview Lookout trail – keep left and stay on Saddleback Trail.
	3.7	2330	Jct. of Saddleback Trail, Fairview Mtn. Trail & Sheol Valley Trail. Take the Sheol Valley Trail.
	7.8	2060	Jct. of Sheol Valley & Paradise Valley Trails – turn left & follow the Paradise Valley Trail out to Moraine lake Road, turn left.
	11.4	1720	Moraine Lake Road at Paradise Valley Trailhead & parking lot

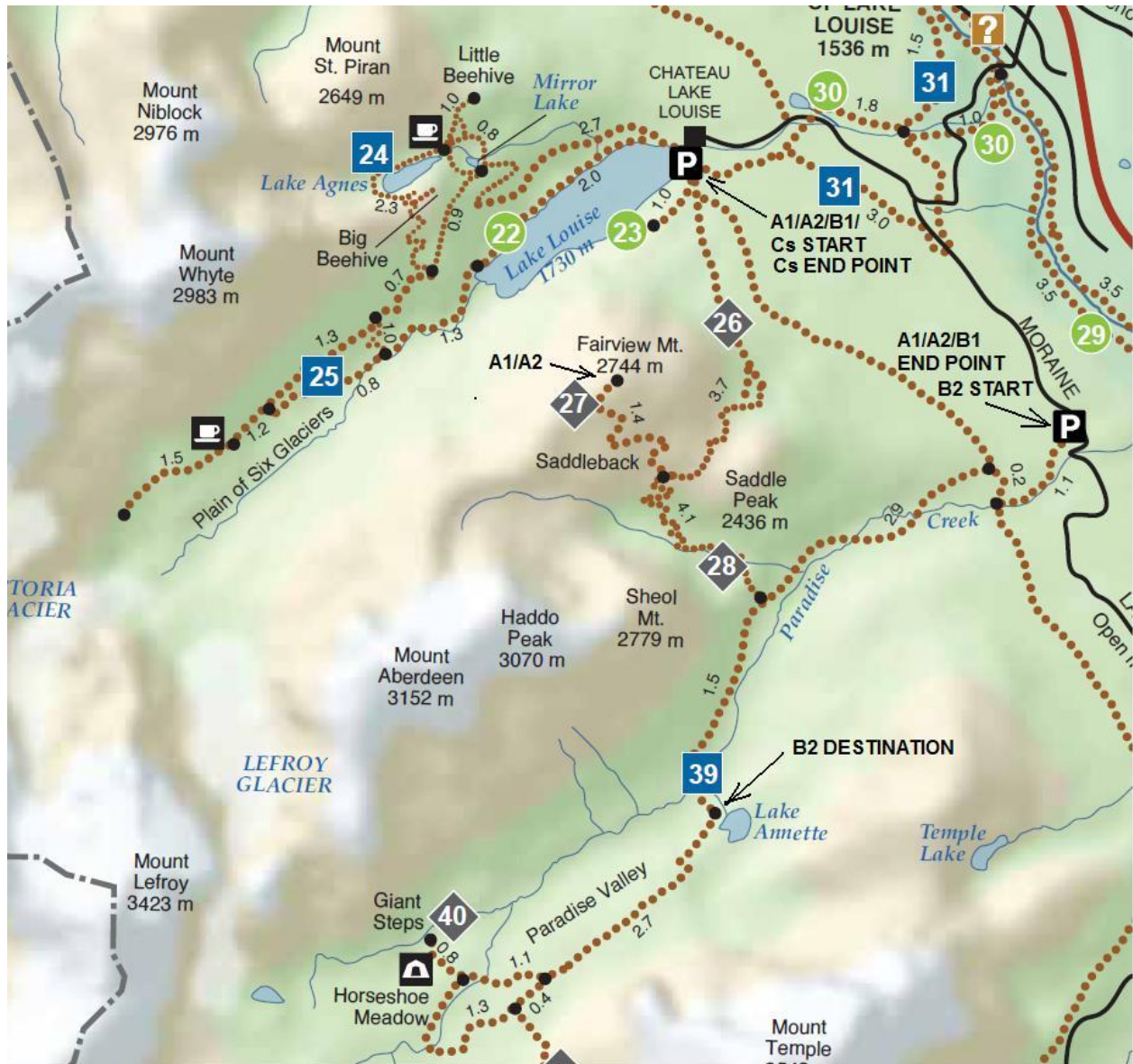
Group	Km.	Elev.	<b>Lake Annette / Paradise Valley Trail</b> — Route Description
<b>B2</b>	0.0	1720	Jct. of Paradise Valley (PV) Trail & winter ski trail – keep to left onto PV Trail
	.1		Jct. of PV Trail & winter ski trail – keep to left onto PV Trail
	1.1		Jct. of PV Trail & Moraine Lake Highline Trail – turn right onto PV Trail
	1.3		Jct. of PV Trail & horse trail – turn left on PV Trail
	4.2		Jct. of Sheol Valley & Paradise Valley Trails – keep left to stay on PV Trail
	5.7	1965	Lake Annette – Stop here for lunch. If time permits and before heading back to the trailhead on the Moraine Lake Road, continue on the Paradise Valley Trail up and onto the moraine just west of the lake for a better view of the lake and surrounding mountains and a chance to see a Marmot.
	11.4	1820	Return via the same route to the Paradise Valley Trailhead & parking lot

Group	Km.	Elev.	<b>Lake Louise to Park Information Centre</b> — Route Description
<b>Cs</b>	0.0	1730	Trailhead – NE corner of Lake Louise Lower Parking Lot
	0.4		Jct. w/ Great Divide Bike Trail – keep right onto Tramline Trail
	1.6		Moraine Lake Road – cross road & stay on Tramline Trail
	3.0		Cross Louise Creek & keep to right to stay on Tramline Trail – left fork is Louise Creek Trail
	4.5		Lake Louise Train Station – cross Bow River (on bridge please), then turn right on Sentinel Road
	5.1		Jct. – turn left to head for Post Hotel
	5.4	1536	Post Hotel – head to right across bridge Park info centre
	5.5		Park info centre
Option			Before departing on the above trail, the participants may wish to walk to the Chateau and a short distance along lakeside. This will add a minimum 1.2 km to the trail length.

This trail plan partially based on the plan prepared by Gord Dobson for hike on August 5, 2010

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## MAP 1 Park Trail Map





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## MAP 2 A1/A2/B1 Saddleback Trail / Paradise Valley Trail

